

# ARE YOU A VULNERABLE PATIENT? Did you know....

We can refer you Community Intermediate Care Services who are Health and Social Care professionals including Nurses, Occupational Therapists, Physiotherapists, Podiatrists, Social Workers and Support Workers.

The aim of the service is to prevent people from being admitted to hospital if possible, support people to return home after a recent hospital admission, and enable people to live at home supported and safe.

We can **Liase with Carers**, to ensure you feel supported to manage your condition

For lifestyle advice, weight advice, isolation and support, you can self-refer to the **Health Trainer** on 0800 131 3141